

Brunton Menus

We have a 3 week cycle of menus:



Week One

	Spud and wrap bar Monday	Italian Tuesday	Around the world Wednesday	Roasted Thursday	Fishy Friday
Main Course 1	Filled with a choice of: •vegetable chilli	Spaghetti Bolognese	Sweet and Sour Chicken/chicken Chop Suey	Chicken with gravy and stuffing	Salmon Fish Cakes
Main Course 2	• ham • egg mayo	Loaded Vegetable Pizza	Sweet and sour Quorn/Quorn Chop Suey	Quorn Fillet with stuffing	Quiche
Carbohydrates	Choice of jacket potato or wrap	Garlic Bread	Cous Cous Rice	Roast/ mashed potatoes	Chips Garlic and herb bread
Vegetables	Salad Selection	Sweetcorn Peas	Carrots Green beans Peas	Carrot Cauliflower Cheese	Baked beans Coleslaw
Hot Desserts	Fruity Muffin	Ice cream and fruit	Chocolate Crispy Cake	Raspberry Mouse	Lemon Cake with Custard
Cold Desserts Available Daily	Selection of Yoghurts and Fruit Salad, Salad bar and fresh bread				



Week Two

	Spud and wrap bar Monday	Italian Tuesday	Around the World Wednesday	Roasted Thursday	Fishy Friday
Main Course 1	Filled with a choice of: • cheese	Italian meatballs	Chicken Curry	Beef with Gravy and Yorkshire pudding	Fish Goujons with Lemon mayo
Main Course 2	• baked beans • Tuna Mayo	Pasta topped with vegetable ragu	Vegetable Curry	Quorn Fillet with Yorkshire pudding	Quorn Paella
Carbohydrates	Choice of jacket potato or wrap	Spaghetti	Rice	Roast/mashed Potato	Chips Tomato pasta twist
Vegetables	Salad Selection	Peas Sweetcorn	Broccoli Carrots Cauliflower	Roasted Parsnips Cabbage Peas	Peas Sweetcorn
Hot Desserts	Apple Crumble and custard	Orange Polenta cake	Chocolate orange muffin with chocolate sauce	Banana and Custard	Apricot Flapjack and custard
Cold Desserts Available Daily	Selection of Yoghurts and Fruit Salad, Salad bar and fresh bread				





Week Three

	Spud and wrap bar Monday	Italian Tuesday	Around the World Wednesday	Roasted Thursday	Fishy Friday
Main Course 1	filled with a choice of	Margarita Pizza	Savoury Mince and Dumplings	Brunton Bangers	Breaded Fish
Main Course 2	cheese savoury, salmon mayo, turkey	Pasta topped with cheesy sauce	Quorn Mince and Dumplings	Quorn Brunton Banger	Mushroom Turnover
Carbohydrates	Choice of jacket potato or wrap	Pasta salad	Mashed potatoes	Roast/mashed potato	Chips New potatoes
Vegetables	Salad Selection	Baked Beans Sweetcorn	Carrots Cauliflower Green beans	Swede Mash Broccoli Peas	Peas Carrot
Hot Desserts	Chocolate Fudge cake	Rice pudding	Arctic Roll	Eves sponge and custard	Apricot flapjack
Cold Desserts Available Daily	Selection of Yoghurts and Fruit Salad, Salad bar and fresh bread				



