

# BRUNTON MENU SEPT 2021 TO JULY 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week beginning: <sup>7th</sup> Sept, 27 <sup>th</sup> Sept, 18 <sup>th</sup> Oct, 15 <sup>th</sup> Nov, 6 <sup>th</sup> Dec, 10 <sup>th</sup> Jan, 1 <sup>st</sup> Jan, 28 <sup>th</sup> Feb, 21 <sup>st</sup> March, 5 <sup>th</sup> April, 16 <sup>th</sup> May, 13 <sup>th</sup> June, 4th July	Cheese, Baked Beans or Chicken Mayo with a choice of jacket potato or tortilla wrap. Salad Selection	Spaghetti Bolognese Quorn Meatballs Garlic Bread Mixed Vegetables, Sweetcorn	Baked pork or Quorn Sausage served with a Yorkshire Pudding, Creamed Potato, Swede, Sliced Carrots and Broccoli	Marinated chicken Strips Quiche Potato Wedges, Baked beans, Sweetcorn Cobette	Fish Goujons and chips Macaroni Cheese Peas and Carrots
	Chocolate muffin with chocolate sauce	Fresh Fruit/Yogurt	Raspberry ripple frozen mousse	Sliced peaches with custard	Oat and Raisin Biscuit
VEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week beginning: 13 <sup>th</sup> Sept, 4 <sup>th</sup> Oct, 1 <sup>st</sup> Nov, 22 <sup>nd</sup> Nov, 13 <sup>th</sup> Dec, 17 <sup>th</sup> Jan 7 <sup>th</sup> Feb, 7 <sup>th</sup> March, 28 <sup>th</sup> March, 3 <sup>th</sup> May, 23 <sup>th</sup> May, 20 <sup>th</sup> June, 11 <sup>th</sup> July	Turkey, Cheese or Egg Mayo with a choice of Jacket potato or Tortilla Wrap Salad Selection	Brunton Beef or Quorn Burger in a Bun Cous Cous Salad Sweetcorn, Baked Beans	Chicken or Quorn Fillet Served with Gravy and Stuffing, Mashed potato, Cauliflower, Broccoli and Carrot Batons	Thin & Crispy Margherita Pizza Pasta Topped with Vegetable Ragu Sweetcorn & Mixed Vegetables	Cod or Salmon Fish Cakes and Chips Lasagne with Garlic Bread
	Apple Crumble and Custard	Strawberry Ice Cream	Melon Slice/Yogurt	Mango and Orange Sorbet	Chocolate Crispy Cake
EEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VEEK THREE Week beginning: 20 <sup>th</sup> Sept, 11 <sup>th</sup> Oct, 8 <sup>th</sup> Nov, 29 <sup>th</sup> Nov, 4 <sup>th</sup> Jan, 24 <sup>th</sup> Jan, 4 <sup>th</sup> Feb, 14 <sup>th</sup> March, 4 <sup>th</sup> April, 9 <sup>th</sup> May, 6 <sup>th</sup> June, 27 <sup>th</sup> June, 18 <sup>th</sup> July	MONDAY Tuna Mayo, Cheese and Baked Beans with a choice of Jacket potato or a Tortilla Wrap Salad Selection	TUESDAY Mince and Onion Short Crust Pie served with Gravy, New potatoes Vegetable Ravioli Peas and Green Beans	WEDNESDAY Chicken or Quorn Fillet Served with Gravy Mash or Roast Potatoes, Broccoli Florets, Carrots and Sweetcorn	THURSDAY Stone Baked Chicken Pizza Vegetable Penne Pasta Bake Mixed Vegetables	FRIDAY Cod Fish Bites and Chip Vegetarian Lasagne Herby Petit pan Peas, Baked Beans

# OUR AMAZING KITCHEN STAFF... KEEPING US SUPER HEALTHY



# ALWAYS ON OFFER



BREAD

# SALAD BAR



APPLES, STRAWBERRIES, MELON AND OTHER FRUITS





# WEEK 1

# WEEK ONE

 Week beginning:

 7<sup>th</sup> Sept, 27<sup>th</sup> Sept, 18<sup>th</sup> Oct,

 15<sup>th</sup> Nov, 6<sup>th</sup> Dec, 10<sup>th</sup> Jan,

 31<sup>st</sup> Jan, 28<sup>th</sup> Feb, 21<sup>st</sup> March,

 25<sup>th</sup> April, 16<sup>th</sup> May, 13<sup>th</sup> June,

 4th July



### MONDAY

Cheese, Baked Beans or Chicken Mayo with a choice of jacket potato or tortilla wrap. Salad Selection

Chocolate muffin with chocolate sauce

#### TUESDAY

Spaghetti Bolognese Quorn Meatballs Garlic Bread Mixed Vegetables, Sweetcorn

Fresh Fruit/Yogurt

#### WEDNESDAY

Baked pork or Quorn Sausage served with a Yorkshire Pudding, Creamed Potato, Swede, Sliced Carrots and Broccoli

Raspberry ripple frozen mousse

#### THURSDAY

Marinated chicken Strips Quiche Potato Wedges, Baked beans, Sweetcorn Cobette

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Sliced peaches with custard

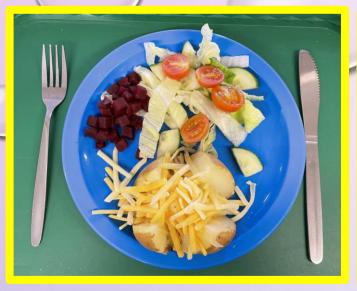
#### Oat and Raisin Biscuit

FRIDAY

Fish Goujons and chips

Macaroni Cheese

Peas and Carrots







# WEEK 1 MONDAY



# JACKET POTATO AND CHEESE

JACKET POTATO AND BEANS

JACKET POTATO AND CHICKEN MAYO

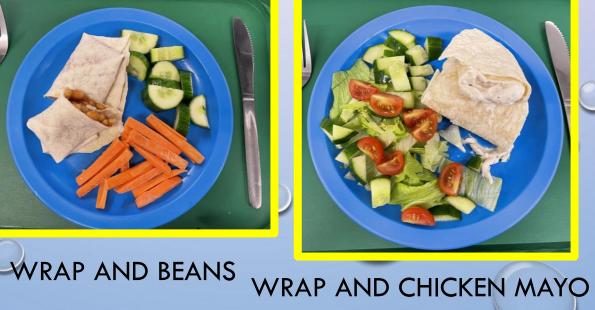






WRAP AND CHEESE







### SPAGHETTI BOLOGNESE

# WEEK 1 TUESDAY

### QUORN MEATBALLS



### FRESH FRUIT & YOGURT





## PORK SAUSAGE AND YORKSHIRE PUDDING

QUORN SAUSAGE AND YORKSHIRE PUDDING



# WEEK 1 WEDNESDAY

RASPBERRY RIPPLE FROZEN MOUSSE





### MARINATED CHICKEN STRIPS



QUICHE



# WEEK 1 THURSDAY

### PEACHES AND CUSTARD





FISH GOUJONS AND CHIPS



### MACARONI CHEESE



# WEEK 1 FRIDAY

OAT AND RAISIN BISCUIT

# <u>WEEK 2</u>

# WEEK TWO

Week beginning: 13<sup>th</sup> Sept, 4<sup>th</sup> Oct, 1<sup>st</sup> Nov, 22<sup>nd</sup> Nov, 13<sup>th</sup> Dec, 17<sup>th</sup> Jan 7<sup>th</sup> Feb, 7<sup>th</sup> March, 28<sup>th</sup> March, 3<sup>st</sup> May, 23<sup>rd</sup> May, 20<sup>th</sup> June, 11<sup>th</sup> July



#### MONDAY

Turkey, Cheese or Egg Mayo with a choice of Jacket potato or Tortilla Wrap Salad Selection

> Apple Crumble and Custard

#### TUESDAY

Brunton Beef or Quorn Burger in a Bun Cous Cous Salad Sweetcorn, Baked Beans

Strawberry Ice Cream

#### WEDNESDAY

Chicken or Quorn Fillet Served with Gravy and Stuffing, Mashed potato, Cauliflower, Broccoli and Carrot Batons

Melon Slice/Yogurt

### THURSDAY

Thin & Crispy Margherita Pizza Pasta Topped with Vegetable Ragu Sweetcorn & Mixed Vegetables

Mango and Orange Sorbet

# FRIDAY

Cod or Salmon Fish Cakes and Chips Lasagne with Garlic Bread

**Chocolate Crispy Cake** 



JACKET POTATO WITH CHEESE OR TURKEY







# WEEK 2 MONDAY



WRAP WITH EGG, CHEESE OR TURKEY

APPLE CRUMBLE & CUSTARD



### BRUNTON BEEF BURGER



### STRAWBERRY ICE CREAM





**BRUNTON QUORN** 

BURGER



## CHICKEN DINNER WITH STUFFING



QUORN FILLET WITH

STUFFING

WEEK 2 WEDNESDAY

MELON SLICE

OR

YOGURT





MARGHERITA PIZZA

PASTA TOPPED WITH VEGETABLE RAGU



# WEEK 2 THURSDAY

MANGO AND ORANGE SORBET





FISH CAKES

LASAGNE AND GARLIC

BREAD



### CHOCOLATE CRISPY CAKE



# <u>WEEK 3</u>

# WEEK THREE

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### MONDAY

Tuna Mayo, Cheese and Baked Beans with a choice of Jacket potato or a Tortilla Wrap Salad Selection

Flapjack and Custard

### TUESDAY

Mince and Onion Short Crust Pie served with Gravy, New potatoes Vegetable Ravioli Peas and Green Beans

**Raspberry Sorbet** 

#### WEDNESDAY

Chicken or Quorn Fillet Served with Gravy Mash or Roast Potatoes, Broccoli Florets, Carrots and Sweetcorn

Ice Cream Sponge Roll

### THURSDAY

Stone Baked Chicken Pizza Vegetable Penne Pasta Bake Mixed Vegetables

**Rice Pudding** 

#### FRIDAY

Cod Fish Bites and Chips Vegetarian Lasagne Herby Petit pan Peas, Baked Beans

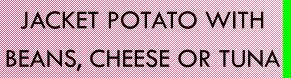
Fruit/Yogurt



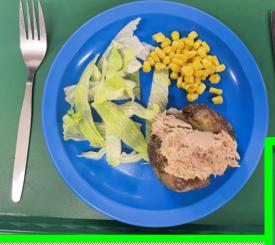


# WEEK 3 MONDAY

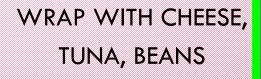


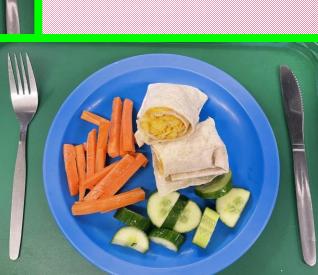






FLAPJACK







# WEEK 3 TUESDAY

RASPBERRY SORBET

### VEGETABLE RAVIOLI





## MINCE AND ONION SHORT CRUST PIE



### CHICKEN DINNER

# WEEK 3 WEDNESDAY

QUORN FILLET



ICE CREAM SPONGE ROLL





### CHICKEN PIZZA

# WEEK 3 THURSDAY

VEGETABLE PENNE PASTA BAKE



### RICE PUDDING





COD FISH BITES AND CHIPS WEEK 3 FRIDAY

FRUIT / YOGURT

### VEGETARIAN LASAGNE





